



# JOIN YOUR COMPANY'S CABINET EMF DISTANCE CHALLENGE

*Calling all those looking for a great volunteer opportunity to get active for a great cause!*



## What is the EMF Distance Challenge?

An 8 day virtual, global event where individuals can run, walk, bike or do anything to get moving to leave cancer behind!



## What is a Distance Challenge Cabinet?

A small group of leaders or captains within your company who help drive participation, energy, and excitement for the Expect Miracles Foundation (EMF) Distance Challenge.

**Timing** – Commit now through the event (May 12–19, 2026)

**Who Should Join?** – Employees who enjoy motivating others, building community, and supporting meaningful causes. No prior experience required.

### What You'll Do

- Serve as a point person within your department or network
- Encourage colleagues to register and participate
- Share EMF updates, reminders, and key info with your network
- Help build excitement and momentum leading up to and during the event

### What You'll Get

- A leadership role in the EMF Distance Challenge
- Recognition as a “Team Captain” on the Distance Challenge website
- Eligibility for Team Captain Race Rewards provided by EMF
- The opportunity to take active leadership in the fight against cancer

## QUESTIONS?

**CONTACT MAGGIE DOMBROSKI**  
MAGGIE@EXPECTMIRACLESFOUNDATION.ORG